

Community Resources, Websites and Books

Community resources and websites:

- **First Five:** Program offering support in enhancing education, health and well-being for families of children 0-5. <http://www.first5scc.org/>.
- **Triple P Positive Parenting Program:** Schedule of parenting classes offered throughout Santa Cruz County. [Triple P Schedule of Classes](#).
- **Top Ten Things to do with Kids in Santa Cruz:**
http://www.mercurynews.com/ci_23556083/top-10-things-to-do-kids-santa-cruz.
- **SantaCruzParent.com:** An online guide to Santa Cruz County resources for parents of teens, tweens, kids, toddlers and babies.
<http://santacruzparent.com/>.
- **Kids Data:** Find data about the health and well-being of children in communities across California. <http://www.kidsdata.org/>
- **Child and Family Web Guide - Tufts University:** A directory that evaluates, describes, and provides links to hundreds of sites containing child developmental research and practical advice. <http://ase.tufts.edu/cfw/>

Books:

- **Positive Discipline** by, Jane Nelson
- **No Bad Kids** by, Janet Lansbury
- **Family ROI** by, Barbara Fagan-Smith and Lesli Gee
- **Child Wise** by, Gary Ezzo and Robert Bucknam
- **How To Talk So Children Will Listen and Listen So Children Will Talk** by, Adele Faber and Elaine Mazlish
- **No Drama Discipline** by, Daniel J. Siegel and Tina Payne Bryson