

# **Philosophy Book**

QHM provides a Montessori learning environment for children 6 months through 6 years old.

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## **QUAIL HOLLOW MONTESSORI PHILOSOPHY**

Quail Hollow Montessori (QHM) strives to provide superior care in a loving and learning environment. We provide an enriching program where children from 6 months to 6 years old can develop a strong sense of self-confidence and a high degree of independence. QHM's program seeks to develop the child's natural interest in exploration and observation of the world around her and foster self-esteem and a love of learning that will form the foundation for academic accomplishments. We follow the child development philosophy and teaching methods developed by Dr. Maria Montessori.

Our program has been designed to nurture children in every aspect of their development, social, emotional, physical and cognitive. We provide an individualized, self-directed, non-competitive environment to help develop a strong self-image and confidence. Each child is encouraged to learn at his or her own pace. The aim of the program is to foster competent, responsible, adaptive citizens who are life-long learners.

At the heart of the Quail Hollow Montessori philosophy are the following:

- **Individualized Learning** Children are free to work at their own pace with materials they have chosen, either alone or with others. The teacher observes each child to determine which new activities, skills or materials to introduce, either to an individual child, or to a small or large group.
- **Respect** Each child deserves to be treated with respect and will gain self-confidence and learn to treat others with respect as a result.
- **Independence** Children are very interested in being able to take care of their own needs and in contributing to their community. We provide child-sized tools and utensils and teach the children to use them so that they can be successful in their independent actions.
- **Prepared Environment** We strive to provide a safe, clean, orderly and beautiful environment. We show or respect for and confidence in the children by giving them many "real" and pleasing items to use. We provide a variety of learning materials to nurture the children's natural impulses to learn.
- **Concentration** The experience of being completely engaged in work of interest is very important to the development of an ordered mind. A child will concentrate longer on an activity of her own choosing.
- Large Blocks of Time We allow the children time to choose work, problem solve, create new ideas, and finish projects without being interrupted or rushed
- Learning Through the Senses Children prepare their minds for abstract thought through concrete experiences. We provide materials that stimulate interest and involvement with an emphasis on the sensory experience. Whenever possible, these materials are self-correcting so that the child can discover the "right answer" without teacher interference, creating a positive and self-esteem raising experience.
- **Social Courtesy** We teach many aspects of appropriate social behavior, including please and thank you, thoughtful food preparation and service, respect for the environment and materials, appropriate greeting, using eye

contact, being a community helper, resolving conflicts peacefully and having empathy for others.

- **Broad Age Grouping** Children from 2 ½ to six years old share developmental sensitivities, however, each individual gains particular skills at different times. By grouping these ages such differences in development are not highlighted. All children will gain all the skills required but will do so according to their own internal clock.
- **Absorbent Mind** Children from birth through six years old are able to learn from their environment with incredible ease. Within this time frame children move through stages where they are particularly focused on certain aspects of their development.
  - 0 1.5 years Physical independence, sensory experience, object permanence
  - **1.5-2.5 years** Verbal language development, order, independence, large motor coordination, sensorial classification
  - 2.5 6 years Language, math, logic and sequencing, sense perception, fine motor control, order, social graces, movement and cultural awareness.

## CLASSROOM

Our classrooms are organized into interest areas with many carefully designed and engaging activities to foster development.

Sensorial	Sense Perception Sequencing Classification Mental Imaging	Science	Observation Anatomy Concrete Physics Growth Cycles
Language	Pencil Control Phonics Lower Case Symbols Story Development	Culture	Geography Languages Foods, Faces, Clothing
Math	Memory Counting	Art	Creative Process Fine Motor Skills Intro to Varied Mediums
	One-to-One Correspondence Symbol Recognition Concrete Fractions Pattern Recognition Problem Solving	Practical Life	Care of Environment Care of Self Transferring (pouring, spooning) Sorting

## **EDUCATIONAL OBJECTIVES**

QHM is staffed by highly skilled and committed professional teachers. Our curriculum has been designed to produce children who are enthusiastic learners, have self-confidence in their abilities, are respectful, feel loved and care for others.

**Excitement about Learning** We want children to be curious about their world and motivated to seek out answers to their questions We allow children to make many of their own choices throughout the day, encouraging independent thought and initiative.

**Problem Solving and Self-Confidence** We want children to have the ability to think constructively and critically. Children are encouraged to think through challenging situations instead of having a teacher deliver a solution. Children are taught that there are many "right answers" and many ways of doing things that work. Children learn to value themselves when they feel the satisfaction of solving a problem or completing an activity.

**Responsibility and Independence** Children learn responsibility and independence by placing their belongings in their own cubbies and work files, cleaning up activities when they are done using them, cleaning up their own spills or messes, serving themselves at snack time and being considerate of other children in the classroom during activity time.

**Foundation for Academic Success** We provide many activities which help to develop reading, writing and math skills, fine motor control, logical sequencing, phonics, spatial relation, pattern recognition, memorization and observation. While academic achievements are not our direct goal, we believe that preschool children are uniquely capable of learning and we present a wide variety of academic activities.

**Social Skills** Children develop appropriate social skills as we provide opportunities for children to help one another and to cooperate and negotiate with their peers on a regular basis. Our teachers are available to model behaviors and help with words or ideas when children need help making friends or solve disputes.

## SERVICES

QHM is open from 8:00 a.m. to 5:30 p.m. and provides half-day and full day programs for children ages 6 months to 6 years old. We have flexible full and part-time schedules. We provide nutritious morning and afternoon snacks for all ages. Parents provide their child's lunch.

**Primary Program – Pelican Class** – The primary program includes children from 2.5 to 6 years old and encompasses both preschool and kindergarten curricula. The primary program is open from 8:00am to 5:30pm, Monday through Friday. The structured morning curriculum begins at 9:30am with a learning circle where children are presented with theme-based information, calendar activities and new job demonstrations. The circle is followed by the work period. Children may do individual activities, participate

in individual or small group lessons and eat snack. At 11:30 there is a second circle with more theme-based information, singing and movement. Lunch is eaten at 12:00. From 12:30-12:45 children are cleaning up and making their beds for rest time. We read aloud from 12:45-1:15. Then we play calming music and help children to rest until 2:30. In the afternoon the children may choose from a variety of different activities including all the shelf materials, plus manipulatives, puzzles, science exploration and group art projects. There is a circle at 3:30 before transitioning to outdoor play. They will come back inside around 5:15. From 5:15 to 5:30pm the children may listen to stories read by the teacher or choose from a few activities.

**Toddler Program – Sandpiper Class** - The toddler program includes  $18 \text{mos.} - 2\frac{1}{2}$  year olds. The structured morning curriculum begins at 9:00am with a learning circle where children are presented with theme-based information, calendar activities and new job demonstrations. The circle is followed by the work period. Children may do individual activities which have been designed to meet their developmental interests. Snack is available during the morning work period and each child can eat when they are ready. At 10:30 the children go outside for free play and fresh air. At 11:30 they come inside for lunch. After lunch those children staying all day prepare to lay down. Morning program children get picked up at 12:15. Toddlers nap from 12:30 until 2:30. In the afternoon, the children can choose individual activities as children get up from nap and get clean diapers. Snack is available. At 4:00 they will have outside playtime. In our toddler program, we actively support potty training and good hygiene.

**Infant Program** – **Dove Class** - Our infant program includes children from 6 months to 18 months old. We have an intimate program, and we treat even our youngest children with respect. We provide many opportunities for developmental exploration through materials that invite the children to take an active role. Infants are held while being fed bottles or being rocked to sleep. We do not use highchairs. As soon as they can sit securely, they join their friends sitting at our infant-sized table. We encourage children to learn to feed themselves and to participate in choosing what foods they will eat.

**Custom Care** – In order to maintain peace and continuity, we only provide custom "drop-in" care to children currently enrolled or who attended our program previously.

## **DISCIPLINE PHILOSOPHY**

We believe children have a deep need for appropriate boundaries. Order, structure and routine provide feelings of safety, certainty and confidence in children. We present some basic classroom rules. We use the following positive discipline techniques, which help the child learn to manage their own behaviors and never make the child feel humiliated:

- Prevention
- Positive Redirection
- Natural and Logical Consequences
- Talking and Negotiating

- Individual Project or Accompany Teacher

#### **ROLE OF THE TEACHERS**

The most important element of any school is the teaching staff. Our teachers carefully plan developmentally appropriate curriculum, presenting new ideas to intrigue and challenge each child in the class. Our teachers create an environment that offers opportunities for the children to explore, discover and grow. The teachers model and reinforce positive behavior and respectful interactions.

Being an early childhood educator can be stressful. A caring and supportive work environment helps to keep teachers from burning out. We keep our teacher-to-child ratio well below licensing standards. We work to treat our staff with respect and provide them with reasonable wages, health benefits, and paid time off. These basic elements of a supportive workplace, which you may take for granted, are not common among preschools, and do add to our cost of operation. Our rates reflect the cost of operating a high-quality school. Staff related costs make up 80% of our operating costs!

## PARENT PARTICIPATION

A child's family is an integral part of the child's total development. We seek to develop a partnership with families to meet the needs of each individual child and to be a resource for parents. We do have a Parent Participation requirement. Most Parent Participation can be done at home or outside of classroom hours.

We cherish the diversity of our families and hope that you will share your knowledge. Parents are invited to share their varied talents and skills at circle time. You can also help in many other ways, including helping with gardening projects or fundraising events, making play dough, presenting special art projects, volunteering to aid the teachers in the classroom or donating classroom or emergency supplies.

We appreciate your sharing cultural background, experiences and traditions, such as foods, music, stories or items used in celebration or in daily life, with us as we explore the cultures of the world in our studies.

#### NEXT STEPS

We hope this overview of Quail Hollow Montessori is helpful to your evaluation process. Please feel free to call our center manager with any further questions.